

USAV Volleyball Rules

Coed 2's

- No set overs
- No open hand tips
- Block does not count as a hit - intermediate
- Block counts as a hit - competitive
- No directional blocks
- No touching the net

Coed 4's

- No open hand tips
- No touching the net
- No girl rule**
- Set overs legal

All days

Switching is not required unless one team wants to switch

No first contact rule

No setting a serve – Competitive Leagues

Setting a serve legal – Intermediate Leagues

****No guy rule: there must be at least as many girls as guys, so there could be an all-girl team or three girls on a team.**